

**The LINK** is a non-profit resource center linking community members with services, support and partnerships necessary to be healthy, productive and thriving.

## **Programs and Services**

Family Advocates— They can help. They are skilled professionals ready to provide that compassionate and friendly shoulder to lean on. They help the family or youth to navigate the system and provide support to get them back on their feet.

S.A.F.E System of Care—Services Affirming Family Empowerment System of Care (S.A.F.E.) is a community based school linked program designed to ensure access to and coordination of services.

Health Insurance— We can assist you in enrolling your children in Healthy Families Insurance or in providing you with referrals to Medi-Cal or First 5 Healthy Kids Program.

Teens at Work— This program is designed to grow into a self supporting business operated by teens with adult mentors. The teens collect recycling bake and sell cookies, make and sell jewelry and origami note cards.

Youth Community Service—This program is designed to assist youth in locating and completing community service ordered by the courts, to meet school graduation requirements or to just help in the community.

## CONTACT

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**Executive Director** 

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Success Story

In December of 2008 "Martha" and her two sons ages 10 and 12 arrived in California in a truck and pulling a 20ft. 5<sup>th</sup> wheel from Oklahoma. They had departed from an emotionally abusive husband and father who had abandoned the family. Martha arrived in Atascadero, parked her trailer on the property of a long ago friends home and enrolled the boys in school. When it became apparent that the family was dealing with many concerns, the school principal offered Martha a referral to the LINK and one of the family advocates.

Together, Martha and the family advocate identified the following needs and concerns:

Martha had no income, medical insurance and limited clothing for herself and the boys

Both boys were behind academically

Martha and both of the boys were having emotional difficulties with the transition and past abuse

The boys acting out behavior towards each other and the mother was significant Housing was only a temporary solution

Martha requested assessment for her son for ADHD

Through the use of our SAFE system of care collaboration, Martha, the advocate and a team of support created a plan to address the concerns. Recently the one year case management anniversary arrived. In that time the following services, support and successes have included:

- Therapy for all three family members
- Income stability was achieved through CalWORKs, Medi-Cal, Food Assistance and SSI
- Martha found a part time job that she enjoys
- Martha attended a series of parenting classes and then a parent leadership class
- Martha explored spiritual support opportunities and she and her sons now are members of a local faith organization
- They are currently renting space in a mobile park complex
- The boys are receiving specialized academic support
- Both boys have been assessed and received treatment as needed for ADHD
- Both of the boys have received dental care

Items that have been donated include school clothes, a computer for school work, gas cards to keep appointments and a bike so that Martha could ride to appointments to save gas.

Martha has worked hard to stabilize life for her children. She has become connected to the community and increased their feeling of belonging, safety and self-esteem. And as Martha has accomplished all of this she has also given back to The LINK. In the last year she has participated with us in our peer review process, helped at our Cinco de Mayo celebration and organized our clothes closet many times.